

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (original) A folding collapsible exercising apparatus comprising:

2 a front base frame, said front base frame comprising a hollow main shaft
having a first end and a second end, a transverse bar perpendicularly connected
4 to the first end of said main shaft, a first U-shaped support formed integral with
said main shaft at a top side near said transverse bar, a second U-shaped support
6 formed integral with said main shaft at the top side remote from said transverse
bar, and two rollers at two opposite ends of said transverse bar, said second U-
8 shaped support comprising two first lock holes and two second lock holes;

Fi 10 a rear base frame inserted into the second end of the main shaft of said
front base frame, said rear base frame comprising a longitudinal series of
locating holes selectively fastened to said hollow main shaft by a lock pin, a
12 cross bar disposed outside said main shaft, and two parallel lugs, said parallel
lugs having a plurality of locating holes symmetrically disposed at different
14 angles;

16 a footboard unit coupled to said rear base frame, said footboard unit
comprising a footboard, and a stem extended from said footboard at one side
and pivoted to said rear base frame;

18 a first lock pin selectively fastened to the locating holes on the lugs of
said rear base frame and a hole on the stem of said footboard unit to lock said

20 footboard unit at the desired angle relative to said rear base frame;

a seat mounted on said main shaft of said front base frame, said seat
22 comprising a seat tube pivoted to said second U-shaped support by a pivot;

a second lock pin inserted into the two second lock holes on the second
24 U-shaped support and a hole on said seat tube to lock said seat in position;

a supporting bar pivoted to said second U-shaped support of said front
26 base frame by a pivot, said supporting bar comprising a lock hole, and two pegs
respectively formed integral with two opposite lateral sidewalls thereof;

28 a third lock pin inserted into the first lock holes on said second U-shaped
support of said front base frame and the lock hole on said supporting bar to lock
said supporting bar in position;
30

a back support pivoted to said front base frame and supported on said
32 supporting bar, said back support comprising a bottom end pivoted to said first
U-shaped support of said front base frame by a pivot, a flanged top end, and
34 two pegs formed integral with two opposite lateral sidewalls thereof, said
flanged top end comprising a lock hole;

36 two elastic members respectively coupled between the pegs at said
supporting bar and the pegs at said back support;

38 a back mattress mounted on said back support, said back mattress
comprising a mattress body, a hollow mounting bar longitudinally disposed at a
40 back side of said mattress body and pivoted to said back support by a pivot, and
two handgrips perpendicularly extended from the hollow mounting bar of said

42 back mattress at two opposite sides;

44 a fourth lock pin inserted into the lock hole on said flanged top end of
said back support and a hole on the mounting bar of said back mattress to lock
said back mattress in position;

46 a headrest unit coupled to said back mattress, said headrest unit
comprising a head rest, and a mounting bar fixedly provided at a back side of
48 said head rest and inserted into the hollow mounting bar of said back mattress,
the mounting bar of said headrest unit comprising a longitudinal series of lock
50 holes;

52 a fifth lock pin inserted into a hole on the hollow mounting bar of said
back mattress and one of the longitudinal series of lock holes on the mounting
bar of said headrest to lock said headrest.

2. (currently amended) The folding collapsible exercising apparatus of claim 1 further
2 comprising two elastic pull cord members respectively fastened to the transverse bar of
said front base frame for pulling with the hands, said elastic pull cord members each
4 having hook at one end fastened to a respective locating ring at the transverse bar of
said front base frame and a handle at an ~~oopsite~~ opposite end.

Claims 3-41 (canceled).